



Affix Patient Label

Patient Name:

Date of Birth:

Informed Consent: Catheter Ablation

This information is given to you so that you can make an informed decision about having a **catheter ablation**. This procedure is most often done with moderate sedation or anesthesia.

Reason and Purpose of this Procedure:

In this procedure, the heart's electrical system is evaluated. If problems are found, your doctor may fix them.

The study is done by inserting catheter(s) into blood vessel(s) of the leg, neck, or arm. A catheter is a long, thin, flexible tube. The catheters slide through your blood vessels to your heart. X-rays are used to position the catheter.

Measurements of the heart's electrical signals are made. The heart may be stimulated to make certain heart rhythms. Abnormal electrical pathways in the heart may be seen. These abnormal pathways can cause rhythm problems. Abnormal pathways may be destroyed by using radio waves or freezing them.

Benefits of this Procedure:

You might receive the following benefits. Your doctor cannot promise you will receive any of these benefits. Only you can decide if the benefits are worth the risk.

- Diagnose abnormal heart rhythms. Help decide the best way to treat the abnormal heart rhythm.

Risks of this Procedure:

No procedure is completely risk free. Some risks are well known. There may be risks not included in the list that your doctor cannot expect.

- Bruising and/or swelling at the puncture site. This may need surgery.
- Blood loss. Fluids or a blood transfusion may be needed.
- Damage or a tear in the heart. This may need surgery.
- Exposure to radiation. Medication and monitoring may be needed.
- Abnormal heart rhythms. Fluids, medicines or permanent pacing may be needed.
- Infection. Antibiotics or other treatment may be needed.
- Reactions to medicines or other substances used during the procedure.
- Allergic reaction to the contrast or dye. Fluids and /or medications may be needed.
- Stroke.
- The procedure may not cure or relieve your condition.
- Additional tests or treatment may be needed.
- Vascular damage. Surgery may be needed Emergency surgery.
- Heart attack.
- Nerve damage. Additional treatment may be needed.
- Persistent pain. Medications may be needed.
- Death may occur.
- Reaction to the anesthetic may occur. The most common reactions are nausea and vomiting. In rare cases, death may occur. The anesthesiologist will discuss this with you.

Risks Associated with Smoking:

Smoking is linked to an increased risk of infections. It can also lead to heart and lung complications and clot formation.

Risks Associated with Obesity:

Obesity is linked to an increased risk of infections. It can also lead to heart and lung complications and clot formation.

Risks Specific to You:

Alternative Treatments:

Other choices:

- Medicine and/or observation by your physician.
- Do nothing. You can decide not to have the procedure.

If you Choose not to have this Treatment:

- Your symptoms or heart rhythm may worsen.

Information on Moderate Sedation:

You will be given medicine in an IV to relax you. This medicine will also make you more comfortable. This is called “moderate sedation”. You will feel sleepy. You may even sleep through parts of your procedure. We will monitor your heart rate and your blood pressure. We will also monitor your oxygen level.

If your heart rate, blood pressure or oxygen levels fall outside the normal range, we may give medications to reverse the sedation. We may be unable to reverse the sedation. We may need to support your breathing.

Even if you have a NO CODE status:

- You may need intubation to support your breathing.
- You may need medications to support your blood pressure.

We will re-evaluate your medical treatment plan and your NO CODE status when sedation has cleared your body.

Benefits of Moderate Sedation:

You might receive the following benefits. Your doctor cannot promise you will receive any of these benefits. Only you can decide if the benefits are worth the risk.

- Less pain during the procedure
- Less anxiety or worry
- Decreasing your memory of the procedure

Risks of Moderate Sedation:

No procedure is completely risk free. Some risks are well known. There may be risks not included in the list that your doctor cannot expect. The list includes:

- Decreased breathing during the procedure and dropping oxygen levels. To help you breathe, a tube may be placed into the mouth or nose and into the trachea to help you breathe.
- Allergic reactions: nausea & vomiting, swelling, rash.

- Vomit material getting into the lungs.
- A drop in blood pressure. This needs fluids or medicine to increase blood pressure.
- Heart rhythm changes that may require medicines to treat.
- Not enough sedation or analgesia resulting in pain or discomfort.

Your physical and mental ability may not be back to normal right away. You should not drive, or make important decisions for at least 24 hours after the procedure.

General Information:

During this procedure, the doctor may need to perform more or different procedures than I agreed to.

During the procedure, the doctor may need to do more tests or treatment.

Tissues or organs taken from the body may be tested. They may be kept for research or teaching. I agree the hospital may discard these in a proper way.

Students, technical sales people and other staff may be present during the procedure. My doctor will supervise them.

Pictures and videos may be taken during the procedure. These may be added to my medical record. These may be published for teaching purposes. My identity will be protected.



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By signing this form, I agree:

- I have read this form or had it explained to me in words I can understand.
 - I understand its contents.
 - I have had time to speak with the doctor. My questions have been answered.
 - I want to have this procedure: **Catheter Ablation** _____
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- I understand that my doctor may ask a partner to do the procedure.
 - I understand that other doctors, including medical residents or other staff may help with the procedure. The tasks will be based on their skill level. My doctor will supervise them.

Provider: This patient may require a type and screen or type and cross prior to procedure. If so, please obtain consent for blood/products.

Patient Signature: _____ Date: _____ Time: _____

Relationship: Patient Closest relative (relationship) _____ Guardian/POA Healthcare

Interpreter's Statement: I have interpreted the doctor's explanation of the consent form to the patient, a parent, closest relative or legal guardian.

Interpreter's Signature: _____ ID #: _____ Date: _____ Time: _____

For Provider Use ONLY:

I have explained the nature, purpose, risks, benefits, possible consequences of non-treatment, alternative options, and possibility of complications and side effects of the intended intervention, I have answered questions, and patient has agreed to procedure.

Provider signature: _____ Date: _____ Time: _____

Teach Back:

Patient shows understanding by stating in his or her own words:

_____ Reason(s) for the treatment/procedure: _____

_____ Area(s) of the body that will be affected: _____

_____ Benefit(s) of the procedure: _____

_____ Risk(s) of the procedure: _____

_____ Alternative(s) to the procedure: _____

OR

_____ Patient elects not to proceed: _____ Date: _____ Time: _____

(Patient signature)

Validated/Witness: _____ Date: _____ Time: _____